

1<sup>st</sup> Sept.2017.

## Riverdale Newsletter

Tel: 061-340525

Issue No. 13

### Residents Section.

#### A Big Welcome



Welcome to Phillis Carmody and Catherine Hickey who joined us recently.

#### Visit to Hunt Museum 7<sup>th</sup> Sept



Joan, Mgt and Marion enjoying an

afternoon at the Jack Yates & Paul Henry Art Exhibitions followed by Afternoon Tea in the restaurant.

#### Riverdale's Art Classes.



Nell is busy giving an art tutorial.

#### Wild Encounters Pet Zoo

The Pet Zoo returned to Riverdale on 10<sup>th</sup> July. The animals came in all shapes and sizes. The residents interacted with snakes, owls, tortoises, rabbits, skunks.... Some of the staff brought their kids. It was a wonderful afternoon and thoroughly enjoyed by all.



Mary enjoying Mr.Owl.



Joan spending quality time with "Lolly"

## July/August Sunshine



Kit, Teeny, Fionnuala, Polina and Eileen making the best of our Irish summer!

## Birthday Greetings



Birthday greetings go out to:

Joan on 18<sup>th</sup> and Pat's 80<sup>th</sup> on 26<sup>th</sup> July, Eileen on 11<sup>th</sup> Phillis on 18<sup>th</sup> and Delia on 28<sup>th</sup> August. All celebrated in style. Congrats to one and all.

## Residents Meeting.

Scheduled for 18<sup>th</sup> September at 1.30pm in day room. We wish to thank Tony Coonerty for his presence at our meetings.

## Dearly Departed

## Maura Kennedy



Our lovely rose

passed away peacefully in Riverdale amidst her loving family on 27<sup>th</sup> July. We extend our deepest

condolences to her beloved family.

Death leaves a heartache no one can heal,

Love leaves a memory no one can steal.



**Nora Murphy** passed away peacefully in Riverdale amidst her loving family on 28<sup>th</sup> August. We extend our deepest

condolences to her beloved family and friends.

## Staff Section.

### Ongoing Workshops/Education.

- Incontinence training held on 6<sup>th</sup> September in Riverdale.
- Marion will attend Cognitive Stimulation Therapy Course which is an evidenced based group therapy for residents with mild - moderate Dementia on 29<sup>th</sup> September.



We were all very sad to say goodbye to Bernie O'Connor who retired in August after 18 years working in Riverdale. Bernie gave unreservedly of herself. She was committed and resourceful and gave heartfelt service to all in her care. We wish to sincerely thank her and wish her every happiness in the future.

## Congratulations

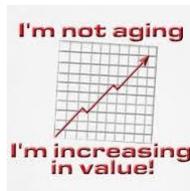
To Jenny on the birth of your beautiful grandchild called Cassie Munday on 16<sup>th</sup> August. Wgt: 7lbs 13

## Graduation Ceremony



Congrats to Elizabeth Storey Who graduated from UL on 25<sup>th</sup> August with a B.Sc. in Physics/Maths Chemistry. We wish you every success in your future career.

## Birthday Greetings



Congrats to Peggy on your special birthday on 19<sup>th</sup> August.



## Positive Ageing Week.

To celebrate, the staff/residents of Riverdale will hold a spectacular fashion show.

**Classy Ladies on the Catwalk**

**3pm-4pm on 28<sup>th</sup> Aug.**

All are welcome to attend.

Commented [MF1]:

### Down Memory Lane - Nancy Burns.

Nancy Fitzgerald was born on 9<sup>th</sup> October 1925 at her home in Ludenmore, Ballybricken. Co.limerick. Her Dad was a farmer and her Mum worked as a dressmaker. Nancy recalls her mother often having to wait to get paid. She remembers her mother making her communion dress which was lovely. She grew up with one older and one younger brother. She attended national school in Ballybricken and completed her Inter Cert in Sexton St, in Limerick. Following same she helped her mother with the dressmaking for a few years. She then moved to Manchester and worked as a doctor's secretary for some time.



She met Sonny and fell in love. They were married in Manchester in 1952. They returned home and bought a small farm in Ballyneaty. Their

son Martin was born there in 1957.

In the 60's they bought a public house and farm in Clonlara. They ran the pub between them with help from their uncle. Sonny also kept cattle and horses. Nancy loved



chatting to the customers, they had many's a night of music, sing songs and craic. Lots of locals played cards especially at Christmas time. Nancy and Sonny worked very hard. Nancy



had a racehorse called Angus Lass whom she adored.

He won several races and gave them great enjoyment. Unfortunately he dropped dead at the winning post in Killarney. Sonny continued to train horses but Nancy was broken hearted following the loss of her beautiful racehorse.

When they reached retirement age they sold the pub and moved to Galway to Sonny's home place.

Nancy lost her beloved Sonny in the late 90's. Later Nancy and her son Martin moved back to Limerick and bought a house in Larkin's Cross.

Since moving to Riverdale Nancy continues to enjoy life and chat to her visitors. She remains highly intelligent and aware and has a grounded solid presence in other words - she doesn't miss a trick! She enjoys a laugh and took part in our Riverdale's Style



Competition

She also had a starring role in our recent musical "The Sound of Music"

Nancy is a truly remarkable woman!