

Riverdale Newsletter

Tel: 061-340525

Issue No. 9

Residents Section



A big welcome to Roisin Nash, Wyn Harrington, Michael Monaghan and Polina Belle Mc. Cann who joined us in Riverdale recently.

1916 Quiz on 17th March.



The winning team led by Catherine Brennan with Teeny's team coming a close second. The quiz helped freshen

memories in relation to this key event. Congrats to one and all.

Easter Bonnet Competition 21st Mar.

Thank you to Teresa Barry who helped the residents make beautiful prize giving Easter Bonnets.



Teeny and Lily in their finery!

Wild Encounters

A wonderful Pet Zoo visited Riverdale on 11th May. All manner of animals were on view. The residents interacted with snakes, owls, tortoises, rabbits, skunks.... Ciara and Amanda brought their kids. It was a wonderful afternoon and thoroughly enjoyed by all including Delia and Margaret below.





We celebrated Phyllis Mc. Carthy's birthday on 14th April, Teresa Mc. Loughlin's on 27th April, Catherine Brennan on 30th Apr. Bernie on 13th May, Sarah on 30th May and Kath Nash on 3rd June. Congrats to one and all.



Knitting Club.

Teeny and Teresa remain constant in their knitting pursuits.

Voices of Riverdale



We are in the process of reviving our choir.

A Summer Performance is scheduled for 3pm on 13th

June. All are welcome to attend.

Dearly Departed



Nancy Duffy

passed away peacefully on 10th April. We extend our deepest condolences to her beloved family and many friends.



Moira O'Sullivan

passed away peacefully in Limerick Regional Hospital on 27th April. We extend our deepest condolences to her family and friends.

Joe O'Mara



passed away peacefully in Riverdale on 20th May. We extend our deepest condolences to his family and friends.

Death leaves a heartache no one can heal,
Love leaves a memory no one can steal.

Staff Section.



Emma enjoys her Final Year Ball in Thomond Park, in Limerick on 23rd March. A great night was had by all.

Wedding Bells.

Commented [MF1]:



Karina acts as bridesmaid for her sister Linda on her wedding day in Enistymon Co. Clare on 1st April. A wonderful day was had by all.

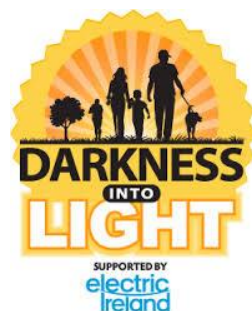
Birthday Greetings



To Bernie on her special birthday on 14th June. We hope you have a truly wonderful day!

Ongoing Workshops/Education.

- Incontinence Wear Training held in Riverdale on 4th April.
- CPR Training in Riverdale on 12th April.
- Creative Arts including Horticulture, Music and Art Therapy attended by Marion in Milford Care Centre on 11th May.
- Fire Training held on 20th May in Riverdale.



Marion walked from Darkness into Light in aid of Suicide Awareness at Pieta House on Saturday 7th May.

"Move for MOD".

A sponsored climb of Croagh Patrick will take place on Sat 11th June.

Kitty and Emma Hastings are looking forward to the climb. They would like to thank everyone who supported them in this venture.



Jenny and Kitty dancing to the music!

Trip Down Memory Lane

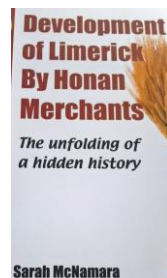
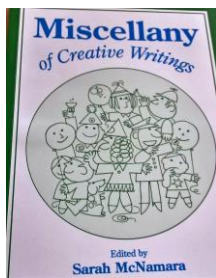
Sarah Mc. Namara was born and raised in Wexford with her four sisters and two brothers. Her father Edmond was a big farmer. Following her Leaving Cert in Loreto College, she won two rural Domestic Scholarships. She went on to study for three years and graduated from the Munster Institute in Cork as a Poultry/Dairy Instructress. She then moved to Co. Kerry where she served on the County Committee for Agriculture where she met John Mc. Namara whom she married one year later. Unfortunately Sarah had to give up work following her marriage. John worked as the County Agricultural Officer. Sarah and John went on to have five children - Maedhbh, John, Michael Joseph and Peter. John was frequently promoted which necessitated the family having to move from Co. Kerry to Co. Galway to Co. Louth and then to Limerick. They finally settled in Parteen in Co. Clare.



Sarah felt strongly about documenting the history of Irish Country Women and her book spans 1910 - 1990's. She holds full copy right of

this book despite having struggled with the ICA in relation to this. It's an important history book and can be borrowed from libraries around the country.

Sarah and her friend Mgt Brown joined the I.C.A. and both continued to be lifelong members. Sarah recalls enjoying her time as president during the Ploughing Championships in Crecora in Co. Limerick.



Sarah also edited a book of Creative Writings. Her final book tells the story of the unfolding history of the Honan family in Limerick.

Sarah moved to Riverdale recently, she continues to be an avid reader and remains interested in history and politics. She went out to cast her vote in the recent election.



Aelish accompanied Sarah to her granddaughter Aine's wedding in Bansha Tipperary on 12th March. A wonderful day was had by all.